





Club Office : Dr. Sarosh Bhacca Memorial Rotary Hall, Jivan Bharti School Annexe, Timaliyawad, Surat-395001. Gujarat, India. E-mail : rotaryclubofsurat@gmail.com, Web : www.rotaryclubofsurat.org

#### ISSUE 34 / 03-03-23

#### EDITORS : DR. NEETA GANDHI, MANJARI DESAI, PURVI CHAUHAN

Water and Sanitation month

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# Women's Day Celebration – RC Surat









Time: 7.30 PM Venue: Dr Sarosh Bhacca Memorial Rotary Hall, Jeevan Bharti Annexe, Timaliyawad, Nanpura, Surat. - 395001 MOM for the meeting held on date 03/03/2023. Meeting started with National Anthem. Meeting was called to order by President Tejas Gandhi. R/P Amisha Kinkhabwala recited the Four Way test. On the Occasion of Women's Day celebration, RC Surat had decided to felicitate top 10 Female singers of Surat. PP Rtn. Nikhil Madrasi had organized the whole program beautifully. IPP Rtn. Bhishmaben Jariwala welcomed all invited guests and members. She talked about importance of women in all fields. All 10 singers were introduced by our Rotary female members wonderfully. Each introduction was followed by felicitation of the singer by the Dignitaries.

Introduction given respectively by,

R/P Dhwani Baxi - Mrs. Nita Upadhyay, R/P Deepti Nanavati -Mitali Mahant, Rtn. Jagruti Gandhi – Sonal Vyas, R/P Shilpa Mistry – Dhara Shah, R/P Purvi Mehta – Ratna Jadwani, R/P Nikita Dalal – Ami Adhiya, R/P Reshma Jariwala – Parul Bhatt, Rtn. Alpa Madrasi – Jolly Choksi, Birva Zaveri, Rtn. Rupal Bhatt – Aayushi Choksi.

After each felicitation singers had performed a song in their melodious voice making the environment full of zeal. Rtn. Daksha Shah did the secretarial announcements. R/P Manjari Desai did the birthdays and anniversary greetings. First Lady Rtn. Dr. Neeta Gandhi did the vote of thanks.

President Tejas Gandhi adjourned the meeting. The whole program was conducted beautifully in her unique style by our charming MOC R/P Manjari Desai.

It was a wonderful celebration of women's Day, fully managed by women of RC Surat!!!





Happy Women's Day !!!











We meet at 7.30 pm on Every Friday at **Club Office Address** 











**ISSUE 34** 



































**ISSUE 34** 

### Ambassador of Goodwill

President Tejas Gandhi and Hon. Secretary Kundan shah were invited as chief guests by J. C. Munsi school at annual function and prize distribution of their school held on dt. 1/03/23. PP Rtn. Nikhil Madrasi has joined them as a managing trustee of the school.



Eye Check up and Ayurvedic medical camp at Mokhmal Village, Taluka Subir, District Dang - Rtn PP Kamal Gandhi

The basic tenets of Rotary are two - Fellowship and Community Service.

Medical camps serve both the purpose wherein members get together to volunteer for serving the deprived and far flung communities of the society.

Hence a medical camp was organised at Village Mokhmal in coordination with five organisations Rotary Club of Surat, Prizma Eyecare Hopital, Raj Jariwala Foundation, Cardiac department of Mahavir Hospital and Government Aurvedic Clinic Bardipada, Dang.

Doctors and technicians from Prizma Eyecare screened 225 patients which included school children and male and female adults of village Mokhmal. A total of 23 adults were diagnosed for cataract, surgery for which will be planned shortly.

40 patients having myopia or short sighted were assisted with spectacles.

The Aurvedic team provided medicines to those suffering from minor illnesses like skin disorder, cold and cough and general debilities.

The cardiac doctor screened 7 patients who needed further investigation such as ECG and 2D ECHO. Follow up for the same will be done through Raj Foundation.

Members who volunteered were President Tejas Gandhi, & Neetaben, Hon. Secretary Kundan Shah & Daxaben, PDG Hiteshbhai & Bhishmaben Jariwala, Dipakbhai Gandhi, Kamalbhai & Jagruti Gandhi.

The experience for all the members was par excellence and a sense of doing something fulfilling to the mind and soul.

A simple and hearty lunch added to the experience.

Interacting with the school children and some locals of the village brought realisation of the difficulties of remote areas of the country as well as their simple ways of life and the absence of urban influence. A day well spent for a good purpose.



**ISSUE 34** 







































**PEOPLE** OF ACTION

## Bal Aanganwadi

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Rotary Club of Surat

Welcomes You

' Investing in early childhood nutrition is a surefire strategy. The returns are incredibly high.'

Anne M. Mulcahy

#### 25<sup>th</sup> February,

Every Saturday, our club members celebrate their special day with little kids of Anganwadi. Kids eagerly wait for the Saturday to have yummy breakfast. This Saturday nutritious food to kids was sponsored by Rtn. Ajay Mahajan and R/P Sunaina Mahajan.

Rtn. Jagrutiben and Rtn. Purnimaben have co-ordinated and volunteered the project.



#### HUMF

Eating a <u>nutritious diet during pregnancy is linked to good brain development and a healthy birth weight, and</u> can reduce the risk of many birth defects.

A balanced diet will also reduce the risks of <u>anemia</u>, as well as other unpleasant pregnancy symptoms such as <u>fatigue and morning sickness</u>.

Our club members, for the good health of pregnant ladies give monthly kit containing nutritious food for the pregnant ladies of Pal Anganwadi.

2<sup>nd</sup> March, Thursday

Nutritional kit was distributed to 12 pregnant ladies of Pal Anganwadi, sponsored by a well-wisher of our club. Project was volunteered by Rtn. Daksha Shah.

Along with kit, physiotherapy guidance regarding pregnancy was given to them by team of physiotherapists from Shree Bhartimaiya Physiotherapy College.

The project was coordinated by Rtn. Jagruti Gandhi, Rtn. Purnima Gandhi, Rtn. Dr. Neeta Gandhi.

We thank our club members for their generous support for such a noble cause.













#### **Upcoming Programs March'2023**

4 <sup>th</sup> March –	(Saturday) Nutritious food to kids at Pal Anganwadi, sponsored by Rtn. Dipakbhai Gandhi
$4^{th}$ , $5^{th}$ March –	( Saturday, Sunday ) District Sports Meet at Valsad
9 <sup>th</sup> March –	Handing over of smart board at B.T. And K.L. Zaveri High School, Buhari
$10^{^{th}}$ March –	(Friday)weekly meeting
	Topic 1 – Fun filled memories of RFE- Rtn Ajay Mehta
	Topic 2 – International Folkdance Festival Thailand – R/P Manjari Desai
$11^{th}$ March –	( Saturday ) Nutritious food to kids at Pal Anganwadi, Sponsored by Rtn. Bhupendra Jariwala
$12^{th}$ March –	( Sunday ) Invitation from Hardik Jariwala Foundation for Women's Day celebration at village Mokhama
$17^{th}$ March –	( Friday ) Weekly meeting

## Service Activities Highlights February '2023

Healthy food distribution – Weekly nutritious food distribution to 40 children at Pal Aanganwadi

HUMF – Nutritious kit distribution – 13 Expecting Mothers were given Nutritious food kit for a month at Pal Aanganwadi

A Health Awareness Session for 13 Expecting Mothers conducted

Project Annapurna wherein 100 kids of Balashram, Vesu were served meals at "The Commoner's Kitchen" Restaurant, Vesu

Chess Tournament for handicap children wherein 40 Children participated

224 people were checked in at SarvarogNidan and Sarvar Camp at Mokhamal, Dang

224 people were examined under Eye-Checkup at Mokhamal, Dang

48 spectacles were distributed at Mokhamal, Dang as per requirement

50 Stainless Steel glass were distributed to 50 kids at Pal Aanganwadi

#### Club Activities Highlights February '2023

3 Weekly Meeting conducted on Friday

Fellowship Gathering – Love You Zindagi Club gathering

- 2 Board Meetings held
- A Public Image activity Chess Tournament

### Greetings



6/03 – R/P Dr. Reena Mali

7/03 – R/P Minaxi Shetaranjiwala

9/03 – R/P Sonal Halvawala

15/03 – Rtn. Pradeep Khandelwal

11/03 – R/P Rita and Rtn. Pradeep Khandelwal